Dad Bod – Bret Mon © Bret Paluch 2024 HARP A bret sing slow

HARP: D A E A

E A
I hang out at the beach, see all the girls with the curves

Dyslexic Dod Bad !!!!

E A
They look at me like I'm one of those old guy pervs
D A
I suck in my gut and give them a smile
E A
I'm just an young-old guy with a DAD-BOD style HARP: D A E A

I go to the gym each and every day
I don't understand why my hair is grey
I'm fit as a fiddle and strong as an ox
Until I had to pick up that amazon box
HARP: D A E A

E A
E A
D A
E A

Chorus----------

D A E A
My belly's getting bigger than it was before My six pack has turned into a liquor store
I suck in my gut as pretty girls walk by I'm rocking the dad bod , my oh my ("look at this guy")

At night before I retire to my bed,
My bourbon nightcap is a fiber shake instead
Put on my CPAP, kiss the wife good night
9 hours of sleep for darth vader tonight (darth breathing)
(No harp, just DARTH Breathing)

E A
E A
D A
E A

I used to pee like it was a fireman's hose
Now it dribbles out, and spills on my toes
I have to pee 5 or 6 times thru the night
I piss on the seat, I got old man's sight
HARP: D A E A

E A
E A
D A
E A

Chorus

I wake up in the morning, feeling the dread
It hurts when I stretch, I wish I was dead
I run to the mailbox to get the mail
Gasping for breath, difficult to inhale
HARP: D A E A (stop show, breathing on harp)

E A
E A
D A
E A

I look in the mirror, I see wrinkles and grey
I use ROGAIN n TEGRIN to my dismay
It sucks getting older, it's a crying shame
but I'm rockin this dad bod, or at least so I claim

E A
E A
D A
E A

Chorus
HARP: D A E A